

Redwood Surgery Center

Redwood Surgery Center's dedication is to provide our patients with the best-trained surgeons, staff, and state-of-the-art equipment. Our center has a commitment to provide quality patient care and to be an exceptional center. Our center offers a full range of surgical services, from minimally-invasive endoscopic procedures to treatments for chronic pain. We look forward to your visit and if we can assist you in any way, please don't hesitate to ask.

Evening Prior to Surgery

Please do not eat or drink anything after midnight the night before your surgery. This includes water, gum, candy, etc. Please follow these instructions, as they are very important for your safety. If you do not follow these instructions, we may need to delay, cancel and/or reschedule your surgery...unless instructed otherwise by your doctor. Please keep in mind that the time of your surgery may change. A scheduler will call you the day before your surgery with your arrival time.

Morning of Surgery

Please arrive at the time given to you by the surgery center. Upon arrival, you will be asked to complete admission forms and sign consents.

Prior to your surgery, you will meet with your anesthesiologist, and pre-operative nurse, and you will have the opportunity to ask any last minute questions.

Leave all valuables at home. You will be asked to remove all jewelry, contact lenses, etc., and therefore, we recommend that all valuables be left at home.

Wear loose, casual, comfortable clothing that will fit over your postoperative dressing.

You must plan to have someone drive you home. If you plan to use taxis or other public transportation, make sure you have an adult to accompany you. A friend, relative or dedicated caregiver must stay with you after surgery for 24 hours. We are required to discharge you with a responsible adult who is with you (it cannot be a cab driver).

Information to bring: Insurance cards, photo ID, Medicare or medical assistance information, numbers and addresses, and health care advance directive if you have one.

You may receive a phone call from a health history nurse prior to your surgery to collect information about your health to expedite your admission process. If you do not receive a phone call by 3pm the day before your surgery, please give our center a call at 510-576-8500.

Things to Remember

- By now you have discussed your procedure with your surgeon. Please communicate all questions and concerns with your surgeon in order to assure your satisfaction prior to your surgery.
- Notify the center and your surgeon if you have an elevated temperature, cough, cold, vomiting or diarrhea between your last visit to the surgeon and the day of your surgery. You suspect you may be pregnant.
- If you take medications please bring a list, including homeopathic remedies.
- Please bathe or shower the night before or the morning of your surgery.
- No smoking after midnight the night before your surgery.
- Do not drink alcoholic beverages at least 24 hours prior to surgery.
- Do not eat or drink anything after midnight prior to surgery.
- Surgery time is unpredictable, and you may end up waiting longer than anticipated. You may want to bring a book or magazine.
- Please be advised that our facility's hours do vary based on surgery schedule. If you have questions or concerns and are unable to reach us, please contact your surgeon's office.

SERVICES

Redwood Surgery Center is committed to providing patients with the most advanced and effective surgical procedures in a pleasant, comfortable, safe patient-centered environment. We accomplish this by providing the best trained surgeons and staff with some of the latest and most advanced surgical technology. The physicians and staff at Redwood Surgery Center recognize that the opportunity to be of service to another human being is more than a job, it is a privilege. Our center offers a broad range of state-of-the-art surgical procedures, including minimally invasive surgery. A few of the services we provide include:

- Anesthesiology
- Orthopedic Surgery
- Pain Management
- Podiatry
- Urology
- Spine Surgery

SURGERY INFORMATION

Surgery Date: _____

Estimated Surgery

Time: _____

Procedure: _____

Surgeon: _____

DIRECTIONS

Pleasanton/Dublin/Livermore

- Take I-580 W toward Oakland
- Take the Redwood Road Exit
- Turn right at the light onto Redwood Road
- Destination will be on the right behind the Charles Schwab building in the Castro Valley Plaza.

San Francisco:

- Take I-80 E across the Bay Bridge
- Merge onto I-580 E toward CA-24 / Downtown Oakland / Hayward-Stockton
- Take the Redwood Rd exit toward Castro Valley
- Turn Left at Redwood Rd
- Destination will be on the right behind the Charles Schwab building in the Castro Valley Plaza.

Concord/Walnut Creek:

- Take CA-24 W through the Caldecott Tunnel towards Oakland
- Take the exit onto CA-13 S toward Hayward
- Merge onto 580 E
- Take the Redwood Road Exit
- Turn left at the light onto redwood Road
- Destination will be on the right behind the Charles Schwab building in the Castro Valley Plaza.

Vallejo/Fairfield

- Take I-80 W towards Oakland
- Merge onto I-580 E toward Stockton
- Take the Redwood Rd exit toward Castro Valley
- Turn left at Redwood Rd
- Destination will be on the right behind the Charles Schwab building in the Castro Valley Plaza.

Welcome to



MULTI-SPECIALTY CENTER



**20998 Redwood Road
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Fax: (510) 576-0248**